



Orange County Bar Association
SOLO PRACTITIONER/ SMALL FIRM SECTION
 June Meeting: *In-Person & via ZOOM*

THURSDAY, JUNE 15TH, 2023

Registration: 12:00 p.m. | Program: 12:30 p.m. – 1:30 p.m.

Please note meeting location:

OCBA Offices, 4101 Westerly Place, Newport Beach, CA 92660 (Free Parking)

Speakers:

Amy Guldner, Esq.

Co-Founder, *Montage Legal Group*

Neil Pedersen, Esq.

Principal, *Pedersen Law, APC*

Recognizing and Avoiding the Dark Side of the Practice of Law

How does stress affect an attorney's work ethic? What are the unhealthy habits attorneys often develop to cope with their stress?

Success in the legal field depends not only on professional knowledge and competence, but also on the ability to effectively balance responsibilities and stressors. In this interactive and panel-based discussion, Civil Litigator Amy Guldner and Employee Rights Attorney Neil Pedersen will be discussing the different strategies needed to achieve this balance. Moreover, the discussion will cover the importance of self-care, avoiding unhealthy coping habits, and the dangers of substance abuse among lawyers.

MEETING PRICE	Attending In-Person *Lunch Included*	Zoom Only
OCBA Solo Practitioner/ Small Firm Section Member:	\$25	\$25
OCBA Attorney (Non-Section Member):	\$50	\$50
Non-OCBA Member Attorney:	\$60	\$60

MUST REGISTER TO ATTEND

Notice to in-person OCBA meeting and event attendees:
 All in-person attendees will be required to follow all California and CDC guidelines then in place.

**Approved for
1.0 MCLE Credit**

Register at www.ocbar.org

This activity has been approved for MCLE by the State Bar of California in the amount of 1.0 hour(s) as appropriate to the content of the activity. OCBA is a State Bar approved MCLE provider and certifies that this activity conforms to the standards for approved education activities prescribed by the rules and regulations of the State Bar of California governing MCLE. Cancellations must be received in writing via fax or e-mail 3 business days prior to the meeting. OCBA reserves the right to substitute speakers.

OCBA Solo Practitioner/ Small Firm Section Meeting – June 15th, 2023

Name (*print*): _____ Email: _____

By providing your email address, you agree to allow the OCBA to email you regarding relevant OCBA information.

Firm Name: _____ Bar#: _____ Phone: _____

Business Address: _____ City/ZIP: _____

Visa/MasterCard/Amex/Discover: _____ Expiration Date: _____ CVV: _____

Cardholder Name: _____ Signature: _____

\$ _____ enclosed/to be charged (Make checks payable to the OCBA)

Register online, fax or mail | Mail to: OCBA, P.O. Box 6130 Newport Beach, CA 92658 | Fax to: 949-440-6710

If you are registering by fax or mail within 3 days of the meeting, please contact the OCBA at info@ocbar.org to ensure registration.