

IN-PERSON ONLY

## **WE GOT THE HEAT:**

## An Honest Look at Hot Flashes, Menopause, and Women's Health

An OCBA Mommy Esquire Monthly Meeting

Mommy Esq. Committee Chairs: Dana Heyde and Ashley Peniche Montenegro

## **TUESDAY, JUNE 10, 2025**

Registration/Networking: 11:45 a.m. — 12:00 p.m. | Program: 12:00 p.m. — 1:00 p.m. Orange County Bar Association | 4101 Westerly Place, Newport Beach, CA 92660



Dr. Zhanna Pinkus, an Ob/Gyn, will discuss women specific health issues, such as periods, menopause, body changes, that occur in our 20's, 30's, 40's, 50's and beyond!



**Dr. Pinkus** is an experienced Obstetrician/Gynecologist, who has been helping women of all ages for over 20 years. She believes that empowering her patients to take charge of their global health and wellness has the most enduring impact on their well-being. Whether she is guiding patients through their first pregnancy, or their transition through menopause, or an adolescent through their first period, Dr. Pinkus takes the time to really listen to her patients and treat the root cause. Her thoughtful application of medical interventions, nutrition, exercise, and healthy living strategies keeps many generations of patients coming back to her for her care.



**Moderators:** Kristine Koo, principal and founder of the Law Office of Kristine Koo, APC and Ellie Fazeli, founder of Simple Divorce APC and an associate attorney at Maggio Law Orange County Divorce Attorneys.

Hosted lunch. Complimentary for Mommy Esq. Committee Members \$15 for Non-Mommy Esq. Members, Active OCBA Attorney Members

Register at OCBAR.ORG or email events@ocbar.org.

Registration deadline, Thursday, June 5, 2025.

Advanced registration is required. For assistance, please contact the OCBA at events@ocbar.org.