

Orange County Bar Association WORKERS' COMPENSATION SECTION

December Meeting

Monday, December 2, 2019

Registration: 11:30 a.m. • Program: 12:00 p.m. – 1:00 p.m.

Speaker:

Lita Abella, JD

Senior Program Analyst
State Bar of California, Lawyer Assistance Program

Substance Use and Mental Health Issues Among Attorneys

Substance use and mental health issues are prevalent among attorneys and law students. This program will describe substance use, addiction, depression, anxiety, and stress, as well as discuss the following topics:

- how prevalent substance use and mental health issues are among attorneys.
- how substance use and mental health issues can impair an attorney's ability.
- Mild Cognitive Impairment, Dementia, and Alzheimer's Disease.
- the Lawyer Assistance Program and other resources.

-Approved for 1.0 Competence Issues CLE Credit-



Grand Catered Events

300 S Flower Street, Orange, CA 92868 (Complimentary Parking)



Seating is limited, and lunch may not be available for purchase on the day of the meeting. Registration is not confirmed until payment is received. The OCBA is not responsible for lost, misdirected or delayed mail. Registration may not be transferrable; certain conditions apply. Cancellations must be received in writing via fax or e-mail three (3) business days prior to the meeting date to receive a refund. OCBA reserves the right to substitute speakers. This activity has been approved for MCLE credit by the State Bar of California in the amount of 1.0 hour(s), including 1.0 Competence Issues, as appropriate to the content of the activity. OCBA is a State Bar of California approved MCLE provider and certifies that this activity conforms to the standards for approved education activities prescribed by the rules and regulations of the State Bar of California governing MCLE. Non-Attorney guests may attend with a registered attorney at equal rate. Persons with Disabilities: If special arrangements are required for attendance, please contact the OCBA at least 10 days prior to the event.

Register by fax, mail or online at www.ocbar.org

OCBA Workers' Compensation Section Meeting – December 2, 2019

| Meeting Price - After 11/27/19, Add \$10 | Includes Lunch | No Lunch |
|---|----------------|----------|
| OCBA Workers' Compensation Section Member | □ \$35 | □ -0- |
| OCBA Attorney (Non-Section Member) | □ \$60 | □ \$25 |
| Non-OCBA Member Attorney | □ \$70 | □ \$35 |

| Name (print): | Email:By providing your email address, you agree to allow the OCBA to email you regarding relevant OCBA informat. | |
|--------------------------------|---|------|
| Firm Name: | Bar#: Pho | one: |
| Business Address: | City/ZIP: | |
| Visa/MasterCard/Amex/Discover: | Expiration Date: | |
| Cardholder Name: | Signature: | |
| \$ enclosed/to be charg | ed (Make checks payable to the OCBA) | |